

A View from Serenity Hill



La Hacienda Alumni Newsletter

March 2016

*Please join us for
La Hacienda's 44th Annual*

Alumni Reunion

May 6 - 8, 2016

**"We have entered the world of the Spirit."
- Big Book pg 84**

Speakers:

Friday night – Ashley L – San Antonio

Saturday AM – Audrey W – Dallas

Saturday PM – Chris R – Ingram

(yes, that Chris R!)

Friday evening – Dinner, Speaker, Bonfire Meeting at the river

Saturday – Case Manager Open House, Morning Speaker,

Lunch, Birthday Meeting, Afternoon Speaker

Sunday – Meditation on Serenity Hill, Alumni Meeting

Kerrville Area Accommodations

Make Plans Now to Attend!!

STEP WORKSHOP IN DALLAS

Presented by La Hacienda Staff Jonathon H & Clay E

Steps 10 & 11:

Extravagant Promises Fulfilled - Breaking the Spiritual Code

Saturday, April 9, 2016 ~ 10 am - 2:30 pm

12700 Preston Rd., Suite 250, Dallas, TX 75230

Lunch provided only for those who RSVP

To RSVP and for more information: (830) 238-4222

Jonathon Hinojosa - Ext. 516 - jhinojosa@lahacienda.com / Clay Eaton - Ext. 516 - ceaton@lahacienda.com

Alumni Services Newest Staff Member

Growing up my time was split between Del Rio and Kerrville. Prior to my senior year of high school, Kerrville became my new home. I thought I was moving to Kerrville to work and learn my father's business, but the move was my parents' solution to my drinking and drug use. After graduation I, like many others, could not wait to get away and head to a big city of great possibilities. I found myself in Austin vowing I'd only return to Kerrville for occasional family visits. In Austin I was free to discover the real me, away from small town chatter and family disapproval. I was free at last!

Over the years my life vision became dimmer. I had become more and more a subject of king alcohol. Alcohol and drugs became my master, controlling everything in my life and leading me to a point of no return. I had reached my bitter end, and on several occasions was near death due to massive seizures caused by my using.

On July 23, 2011, God delivered me right back to the very place I swore to never return and, from that time to now, life as I knew it began to change. Never in my life have I felt such peace, love, serenity, joy and happiness.

I have been blessed with this new opportunity to become part of the La Hacienda Alumni Staff - to help others have that fresh, new start of a life changing experience that no drink or drug could ever provide. I am extremely grateful and excited for the wonderful possibilities and to meet and work with many of you in the coming months and years ahead. It is by God's grace and love for me directly and indirectly, through the 12 Step program and fellowship of Alcoholics Anonymous, that I am here today and willing to share this recovered life that has been freely given to me.

Peace, Light, LOVE!
Dale

Not Goodbye but See Ya Around

Hi to all,

I want to share with all of you about my transition here at La Hacienda. I will be moving into the intern program to further my goal of becoming a licensed counselor.

I have so enjoyed my work here in the Alumni Dept. The experiences I have had and the blessings I have received in working with so many of you have touched my life greatly. I will miss seeing you at alumni meetings. My co-workers, Jonathan and Clay, have been wonderful. They will be missed. Dale has been training for a few weeks now and I feel we are fortunate to have his passion and love of the "BB" in this department. He also has a great commitment to service work.

I am excited about this transition and hope to see you all at the reunion, May 6 - 8th. Thanks for letting me be part of your recovery.

Linda Bertel

San Antonio News

Thank you to Joe and Diana!

On Feb 29th we honored Joe and Diana for giving leadership to our San Antonio meeting for the better part of 20 Years! We cannot thank them enough for the many, many lives they have touched as they have shared their experience, strength, and hope with all those who have "wandered in" on Monday nights. Joe and Diana made sure there was always a warm welcome for the newcomer and lots of accountability to get a sponsor and work the Steps! Along the way Joe and Diana have given love and support to many, many people as they have walked through various seasons of life and recovery.

And certainly in Joe's case, there's a very good woman behind the man - Cheryl has been a pillar in our Family Group in San Antonio for all those years as well, serving family members in "the other room." She has carried a strong recovery message to those who were desperate for hope for themselves and their loved ones.

Our Monday night alumni meeting in San Antonio will be in the very able hands of Jay. We are grateful for his willingness to continue the strong tradition of this meeting.

There are not enough ways to say "Thank You" to Joe, Cheryl and Diana for all they have done.

We love you all!
Alumni Services Staff of La Hacienda



Brain Food for the Recovered Soul

Focus Group

Step Nine

by Charlotte Safir, LCDC

“Made direct amends to such people whenever possible except when to do so would injure them or others.”

By doing Steps 1 through 8, we have made significant progress in uncovering the things that are blocking us from a conscious connection to God. It is paramount to first address our internal condition if we are ever to make any headway with cleaning up our past.

Having discussed at length our 8th Step list with our sponsor, we are ready to begin to address the wreckage of the past. Many people jump the gun and attempt to do amends long before they have done the necessary work to have the power to do correct amends. The motive is usually to dissipate guilt and shame. This has nothing to do with amends.

Amends means change. Saying we are sorry is old behavior and carries no weight or sincerity with the people we have harmed. They simply do not want to hear it one more time. We are to set things right. The Big Book’s specific instructions on Step 9, along with following the direction of our sponsor, gives us the support we need to go out and do our amends.

The Big Book is clear--we do this to fit ourselves to be of maximum service to God and our fellow man. In order for this to happen we must go directly into Steps 10, 11 and 12 while doing Step 9. These last three steps keep us current and help us to continue to solidify the foundation of our recovery. We have power flowing in from the first eight steps and the power of the last three to assist us in doing Step 9.

This vital Step is a key to lasting freedom and peace. With each amends we witness the Power of God working in our lives. No matter how many times we have done amends, there is an element of surprise and gratitude for being able set right the wrongs we have done.

Alumni Meeting
Speaker Swap
April 2016

Look for details on our Facebook page or www.lahacienda.com in the next few weeks.

The National Rally for Recovery
is coming to Texas!!!

October 2, 2016 in Dallas

Make plans to join thousands of others to show the world what recovery looks like!

RALLY FOR RECOVERY!



RECOVERY VOICES COUNT



www.facesandvoicesofrecovery.org

SOBER CRUISE!!!

5-DAY MEXICO CRUISE

Departs Galveston on Monday, October 3, 2016

FOR SOBER GROUP INFORMATION CONTACT:

Joe M at (210)861-4161 Email: jmayer3@satx.rr.com

Please note this Sober Cruise is not affiliated with La Hacienda Treatment Center

ALUMNI MEETINGS

Interested in supporting an alumni meeting in Tyler? McAllen? Baton Rouge?

We have alumni in each of these cities who want to get a meeting started.

Contact Sherri Layton if you are in these areas and would like to have an alumni meeting.

slayton@lahacienda.com or 830-238-4222 ext 103

AREA	DAY / TIME	LOCATION	MORE INFO
AUSTIN	Wednesday 7:30 pm	La Hacienda's Solutions 2100 Kramer Ln., Suite 300 Austin, TX	512-835-1994
BEAUMONT	Monday 6:30 pm	St. Andrews Presbyterian 1350 N. 23rd St. Beaumont, TX	409-617-1941
COLLEGE STATION	Thursday 6:00 pm	La Hacienda-College Station 702 University Dr. East, Suite 100-D College Station, TX	979-846-9500
DALLAS	Monday 7:00 pm	La Hacienda Community Outreach 12700 Preston Rd., Suite 260 Dallas, TX	972-804-2812
FT. WORTH	Tuesday 7:00 pm	Holy Family Catholic Church Education Room 6150 Pershing Ave., Ft. Worth, TX	361-290-6580
HOUSTON	Tuesday 6:30 pm	La Hacienda Community Outreach 3000 Wesleyan, Suite 200 Houston, TX	713-828-4222
HUNT	Sunday 11:00 am	La Hacienda Treatment Center 145 La Hacienda Way Hunt, TX	830-238-4222
MIDLAND	Thursday 7:00 pm	La Hacienda Community Outreach 206 N. Midkiff, Suite 1-D Midland, TX	432-697-0272
SAN ANTONIO	Monday 7:00 pm	La Hacienda Community Outreach 7400 Blanco Rd., Suite 129 San Antonio, TX	210-692-0001

FAMILY MEETINGS

AREA	DAY / TIME	LOCATION	MORE INFO
AUSTIN	Monday 8:00 pm	La Hacienda's Solutions 2100 Kramer Ln., Suite 300 Austin, TX	512-835-1994
BEAUMONT	Monday 6:30 pm	St. Andrews Presbyterian 1350 N. 23rd St. Beaumont, TX	409-926-4948
COLLEGE STATION	Thursday 6:00 pm	La Hacienda-College Station 702 University Dr. East, Suite 100-D College Station, TX	979-846-9500
HOUSTON	Tuesday 6:30 pm	La Hacienda Community Outreach 3000 Wesleyan, Suite 200 Houston, TX	713-545-9788
MIDLAND	Thursday 7:00 pm	La Hacienda Community Outreach 206 N. Midkiff, Suite 1-C Midland, TX	432-697-0272
SAN ANTONIO	Monday 7:00 pm	La Hacienda Community Outreach 7400 Blanco Rd., Suite 129 San Antonio, TX	210-692-0001