

LA HACIENDA

PROHIBITED ITEMS AND ITEMS TO BRING FOR YOUR TREATMENT STAY

Pack enough for 7-10 days. Bring clothing appropriate to the season. Laundry facilities and laundry soap are available on site at no charge. This is a general list only. La Hacienda reserves the right to confiscate, destroy, or store inappropriate items.

PROHIBITED ITEMS (DO NOT BRING TO TREATMENT)	
X	Cellular phones, computers, PDA's, cameras, tape recorders, televisions, pagers, etc.
X	Prescriptions that are controlled substances or any illegal drugs (Any medications that are brought must be in their original labeled bottles.)
X	Non-prescriptions medications, vitamins, herbs, or supplements
X	Expensive jewelry or large amounts of money
X	Electronic items with video and/or music capability (PSP, iPod, MP3, CD Players, etc..) and no video tapes or DVDs
X	Oil paints or oil paint cleaning supplies
X	Inappropriate clothing – no two piece swim suits/Speedos, no see through, seductive or revealing clothing; spaghetti straps to be worn only as undergarments, shorts should be no shorter than a 4" inseam
X	Items with SD, propyl, methyl or ethyl alcohol in high concentration where those alcohols are listed in the first 2 ingredients of a product (i.e. fingernail polish remover is prohibited)
X	Alcohol based mouthwash
X	Razor blades (disposable safety razors are allowed)
X	Any mood altering substance or paraphernalia
X	Weapons (firearms, ammunition, knives, mace, etc...) If ammunition is found in your personal belongings, for safety purposes they will not be returned.
X	Irons
X	Pornographic, inflammatory, or violent literature or depictions including emblems, decorations, or quotations on clothing that alludes to sex, violence, Satanism, drug or alcohol use
X	No more than 3 books/magazines to read (must be appropriate for treatment, i.e. no pornographic materials, etc.)
X	Any sports equipment – including but not limited to bikes, skate boards, roller blades
X	Food or beverages - no food or beverages other than water are allowed in patient rooms (Appropriate dietary needs are provided for during treatment including snacks)
X	No shoes with heels higher than 2 inches
X	Flammable items such as candles, incense, lighter fluid, etc.
ITEMS TO BRING	
✓	Drivers License (NOTE: If the address on the license is not current, please also bring a copy of a bill in your name that shows your current address)
✓	Insurance Card
✓	Personal or Prepaid Calling Cards (You may purchase at La Hacienda.)
✓	No more than two pieces of luggage
✓	Prescription medications that are NOT controlled substances (DO NOT BRING over the counter medications, herbs, supplements or non-prescription vitamins)
✓	Personal hygiene articles including bath soap, deodorant, shampoo, disposable safety razors, toothpaste, toothbrush and feminine or hygiene products
✓	Blow dryer, curling iron
✓	Casual clothes, walking shoes or tennis shoes, socks, sweats (please refer to inappropriate clothing section on prohibited items list)
✓	Jacket, sweatshirt or heavy sweater
✓	Bathrobe, slippers, and pajamas
✓	Cigarettes (optional) (DO NOT BRING any electronic/vapor cigarettes) La Hacienda will not provide tobacco products or access to any tobacco product – you must bring your own
✓	\$50.00 spending money for coke machines, stamps, etc.
✓	Pillow (optional)
✓	Watch or alarm clock (optional)
✓	Personal address book, stationery and stamps (Optional)