

TOP 8 QUESTIONS

to ask a **TREATMENT PROVIDER**

Are you a licensed facility with licensed clinical staff?



It is so important that the treatment center you are looking into is licensed and accredited by the Joint Commission. This will ensure your treatment provider is following strict requirements and offering the highest quality care.

Do you offer an individualized treatment program?

Every individual has unique needs. An effective treatment plan is catered to each individual's situation, history and issues.

What is the patient to counselor ratio?

To affectively address a person's addiction, it is important to support a ratio that allows patients to be given personalized care and the required attention.

Do you offer alternative treatment activities to coincide with recovery?



Some treatment centers offer alternative treatments as a portion of recovery. Research what your potential treatment provider offers. They may include yoga, art therapy, physical activities, meditation, and nutritional plans.

Is detox offered as part of treatment?

A medically supervised detox supports a patient so that they can be at their best before they start the treatment program.

Do you accept most insurance companies?

Ask the treatment center you are looking into if they are in network with your insurance company. Many treatment centers will work with out of network insurance. It is important to be educated on the differences in cost. They will then pass that information onto you during the admission process.

Is there a family program at your facility?



Because addiction is a family disease, it is important to ask if family counselors and other family support options are offered at the addiction treatment center you are looking into.

Do you offer ongoing support or aftercare?

Aftercare is an evidence-based measure to decrease the likelihood of relapse following treatment. Many facilities offer counseling and group sessions with routine checkups on your status following treatment. Do your research to ensure you will be taken care of following addiction treatment.

If you or someone you know needs drug or alcohol addiction treatment, call us at:

1-800-749-6160

or visit our website at:

www.lahacienda.com



La Hacienda
Treatment Center

Treatment Center: _____

Contact: _____

Number: _____

Date: _____

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2. Do you offer an individualized treatment program?

6. Do you accept most insurance companies?

3. What is the patient to counselor ratio?

7. Is there a family program at your facility?

4. Do you offer alternative treatment activities to coincide with recovery?

8. Do you offer ongoing support or aftercare?