

# PROHIBITED/RESTRICTED ITEMS AND ITEMS TO BRING TO TREATMENT

(Rev. 01-2017)

## THE FOLLOWING ITEMS WILL BE REMOVED FROM PATIENTS ON ADMISSION AND PLACED IN SECURE STORAGE:

Please Note: Any item brought in by patients or their family members that is determined by staff to be detrimental to the treatment environment or process may be confiscated.

### Prohibited items –

- No illegal drugs – no alcohol (no mood/mind altering substances) and no paraphernalia (all considered contraband) - **THESE ITEMS WILL BE DESTROYED**
- No Electronic/vapor cigarettes
- No prescriptions that are classified as controlled substances – other medications must be in their original labeled bottles
- No electronic items with video capability (PSP, Wide IPOD, etc...) and no video tapes or DVDs
- No cell phones, pagers, cameras, tape recorders, televisions, computers, PDA's
- No music playback equipment to include iPods, MP3, CD players and clock radios
- **No Weapons (firearms, ammunition, knives, mace, etc...) – For safety purposes, ammunition found will not be returned.**
- No scissors other than for grooming
- No fireworks
- No razor blades (disposable safety razors allowed)
- No items with SD, propyl, methyl or ethyl alcohol in high concentration where those alcohols are listed in the first 2 ingredients of a product (i.e. fingernail polish remover is prohibited)
- No flammable items (such as, Candles, Incense, Lighter fluid, etc)
- No irons
- No expensive jewelry or large amounts of money
- No oil paints or oil paint cleaning supplies
- No more than 3 books/magazines to read. (must be appropriate for treatment – see the next item below)
- NO pornographic, inflammatory, or violent literature or depictions including emblems, decorations, or quotations on clothing that alludes to sex, violence, Satanism, and/or drug/alcohol use.
- No sports Equipment – including, but not limited to, bikes, skateboards, roller blades, hover boards
- No homemade or unsealed food items – Unless there are medically approved specific dietary needs, food and beverages (other than water) are not allowed in rooms.
- Any item(s) determined by staff to be detrimental to the treatment environment or process will be stored.
- **Dress Code:**
  - No seductive, see-through, revealing clothing.
  - No two-piece swimsuits or Speedos.
  - Spaghetti straps are to be worn as undergarments only.

- No short skirts.
- Shorts can be no shorter than 4 inch inseam.
- No shoes with heels higher than 2 inches.

### **Restricted items**

Items that are not detrimental to treatment which the patient may have temporary access to during treatment, as determined by the treatment team:

- Musical instruments
- Arts & Crafts items (needlepoint, knitting, crocheting, ceramics, etc.)

## **ITEMS TO BRING TO TREATMENT**

- Driver's License (NOTE: If the address on the license is not current, please also bring a copy of a bill in your name that shows your current address)
- Insurance Card
- Personal or Prepaid Calling Cards – can be purchased at La Hacienda
- No more than two pieces of luggage
- Prescription medications that are NOT controlled substances (Do NOT BRING over the counter medications, herbs, supplements or non-prescription vitamins)
- Personal hygiene articles including bath soap, deodorant, shampoo, disposable safety razors, toothpaste, toothbrush and feminine or other hygiene products
- Blow dryer, curling iron
- Casual clothes, walking shoes or tennis shoes, socks, sweats (please refer to the Dress Code on the Prohibited/Restricted Items list above)
- Jacket, sweatshirt or heavy sweater
- Bathrobe, slippers and pajamas
- Cigarettes (optional) – La Hacienda will not provide tobacco products or access to any tobacco product.
- \$50.00 spending money for coke machines, stamps, etc.
- Dress clothes for religious services (optional)
- Pillow (optional)
- Watch or alarm clock (without radio) (optional)
- Personal address book, stationery and stamps (optional)