LA HACIENDA — PROHIBITED/RESTRICTED ITEMS AND ITEMS TO BRING TO TREATMENT

PROHIBITED ITEMS (Do Not Bring)

THE FOLLOWING ITEMS WILL BE REMOVED FROM PATIENTS ON ADMISSION AND PLACED IN SECURE STORAGE.

Please Note: Any item brought in by patients or their family members that is determined by staff to be detrimental to the treatment environment or process may be confiscated.

X No illegal drugs – no alcohol (no mood/mind altering substances) and no paraphernalia (all considered contraband) – THESE ITEMS WILL BE DESTROYED X No electronic/vapor cigarettes Do not bring prescriptions that are classified as controlled substances. Medication(s) must be in their original labeled bottles otherwise they will be destroyed. No electronic items with video capability (PSP, Wide IPOD, etc.) and no video tapes or DVDs No cell phones, pagers, cameras, tape recorders, televisions, computers, PDA's, smart watches, etc. No music playback equipment including iPods, MP3, CD players and clock radios, smart watches, etc. No weapons (firearms, ammunition, knives, mace, etc.) – For safety purposes, ammunition found will not be returned. X No scissors other than for grooming No fireworks X No razor blades (disposable safety razors allowed) X No items with SD, propyl, methyl or ethyl alcohol in high concentration where those alcohols are listed in the first 2 ingredients of a product (i.e. fingernail polish remover is prohibited) No flammable items (such as, candles, incense, lighter fluid, etc) X No irons X No expensive jewelry or large amounts of money No oil paints or oil paint cleaning supplies X No more than 3 books/magazines to read. (must be appropriate for treatment – see the item below) X NO pornographic, inflammatory, or violent literature or depictions including emblems, decorations, or quotations on clothing that allude to sex, violence, Satanism, or drug/alcohol use. X No sports Equipment – including, but not limited to, bikes, skateboards, roller blades, hover boards No homemade or unsealed food items – unless there are medically approved specific dietary needs, food and beverages (other than water) are not allowed in rooms. Any item(s) determined by staff to be detrimental to treatment environment or process will be stored. No open containers of powder.

Restricted items

Items that are not detrimental to treatment which the patient may have temporary access to during treatment, as determined by the treatment team

Musical instruments

Arts & Crafts items (needlepoint, knitting, crocheting, ceramics, etc.)

Dress Code

- No seductive, see-through, revealing clothing.
- No two-piece swimsuits or Speedos.
- Spaghetti straps are to be worn as undergarments only.
- No short skirts.
- Shorts can be no shorter than 4-inch inseam.
- No shoes with heels higher than 2 inches.
- No shirts with cut-out sleeves.

ITEMS TO BRING TO TREATMENT

Driver's License (NOTE: If the address on the license is not current, please also bring a copy of a bill in your name that shows your current address)
Insurance Card
Personal or Prepaid Calling Cards
No more than two pieces of luggage
Prescription medications that are NOT controlled substances (Do NOT BRING over the counter medications, herbs, supplements or non-prescription vitamins)
Personal hygiene articles including bath soap, deodorant, shampoo, disposable safety razors, toothpaste, toothbrush, and feminine or other hygiene products
Blow dryer, curling iron
Casual clothes appropriate to the season, walking shoes or tennis shoes, socks, sweats. (Please refer to the Dress Code above). Recommend packing 7-10 days clothing.
Jacket, sweatshirt or heavy sweater depending on season.
Bathrobe, slippers and pajamas
Cigarettes (optional) – La Hacienda does not provide tobacco products or access to any tobacco products.
\$50 spending money for vending machines, stamps, etc. (No charge for use of onsite laundry and soap is provided free)
Dress clothes for religious services (optional)
Pillow (optional)
Watch or alarm clock (without radio) (optional)
Personal address book, stationery and stamps (optional)