

La Hacienda Family Program Schedule

| | Time | Group | Location | Attending |
|------------------|-------------------|---|------------------|------------------|
| MONDAY | | | | |
| | 12:00 PM | Family Arrival & Lunch is Served | Dining Room | Family & Patient |
| | 1:00 PM | Focus Group – Orientation | Family Bldg | Family & Patient |
| | 2:00 PM | Focus Group – Intro to Al-Anon | Family Bldg | Family Only |
| | 3:00 PM | Focus Group – Doctor’s Lecture | Family Bldg | Family & Patient |
| | 4:00 PM | Break | | |
| | 4:30 PM | Focus Group – 12 Step Recovery Principles | Family Bldg | Family & Patient |
| | 5:45 PM | Dinner | Dining Room | Family & Patient |
| | 6:45 PM | Family Members sign out & depart | Gate | Family & Patient |
| TUESDAY | | | | |
| | 8:00 AM | Case Manager session for those scheduled | Counselor office | Family & Patient |
| | 9:00 AM | Family Ropes Activity – Low Element Exercise (In the event of bad weather – relocate to the gym) | Ropes Course | Family Only |
| | 10:00 AM | Focus Group - Codependency | Family Bldg | Family Only |
| | 11:00 AM | Focus Group – Boundaries for Recovery | Family Bldg | Family & Patient |
| | 12:00 PM | Lunch – (CM session if scheduled) | Dining Room | Family & Patient |
| | 1:15-3:00 | Process Group - Communication Exercise | Family Bldg | Family & Patient |
| | 3:00 – 4:00 | Break (CM session if scheduled) | Counselor office | Family & Patient |
| | 4:30 PM | Focus Group – Presenters Choice | Family Bldg | Family & Patient |
| | 5:45 PM | Dinner | Dining Room | Family & Patient |
| | 6:45 PM | Family Members sign out & depart | Gate | Family Only |
| WEDNESDAY | | | | |
| | 8:00AM | Case Manager session for those scheduled | Counselor office | Family & Patient |
| | 9:00 AM | Focus Group – Feelings & Recovery | Family Bldg | Family & Patient |
| | 10:00 AM | Focus Group – Going Home | Family Bldg | Family & Patient |
| | 11:00 PM | Continuing/After Care Information | Family Bldg | Family & Patient |
| | 12:00 PM | Lunch (CM session if scheduled) | | |
| | 1 – 1:45PM | Break (CM session if scheduled) | Family Bldg | Family & Patient |
| | 1:45 – 3:45 | Process Group – Feelings list | Family Bldg | Family & Patient |
| | 4:30 PM | Process Group - Recovery Plans | Family Bldg | Family & Patient |
| | 5:45 PM | Dinner | Dining Room | Family & Patient |
| | 6:45 PM | Family Members sign out & depart | Gate | Family Only |

Family Program Staff: 830-238-4222 Ext 300 (Coordinator)