

LA HACIENDA TREATMENT CENTER

WHAT TO BRING TO TREATMENT

LIMIT BELONGINGS TO 2 SUITCASES AND A PURSE/BACKPACK.
Photo ID – Driver’s license, passport or other photo ID that shows name and date of birth. (NOTE: If no photo ID is available or the DL does not show current address, provide a current bill with name and current address.)
Insurance Card
Cell Phone - To protect privacy and minimize distractions, cell phones will be stored for duration and only used with clinical approval. Bring a written list of frequently called numbers.
Calling cards are available for purchase from the receptionist or at La Hacienda’s Store.
Prescription medications that are NOT controlled substances
Personal hygiene articles including bath soap, deodorant, shampoo, disposable safety razors (no loose blades), toothpaste, toothbrush, feminine and other hygiene products
Hair appliances
Casual clothes appropriate to the season, walking or tennis shoes, socks, sweats. Refer to the Dress Code below. Recommend packing 7-10 days clothing. There is no charge for use of onsite laundry facilities and soap.
Umbrella and seasonally appropriate outerwear
Bathrobe, slippers and pajamas
Cigarettes if desired. La Hacienda does not provide tobacco products or access to tobacco products.
Reasonable amount of spending money for vending machines, stamps
Pillow (optional)
Watch (not smart watch), alarm clock without radio

Dress Code – Prohibited Items and Restrictions

Seductive, see-through, revealing clothing
Speedos or two-piece swimsuits unless stomach is completely covered (women’s swimsuits must have 2 straps)
Spaghetti straps are to be worn as undergarments only
Men’s sleeveless undershirts are to be worn as undergarments only
Short skirts or dresses
Shorts can be no shorter than a 4-inch inseam
Shoes with heels higher than 2 inches
Shirts with cut-out sleeves exposing side
Tank tops with straps less than 2 inches

Restricted Items

Patients may have temporary access to items not detrimental to treatment as determined by the treatment team.

Musical Instruments
Arts & craft items such as needlepoint, knitting, crocheting -- no oil paints or paint cleaning supplies
Recreational items such as fishing poles, footballs, frisbees, etc.

LA HACIENDA TREATMENT CENTER
PROHIBITED ITEMS – Do Not Bring These Items!

THE FOLLOWING ITEMS WILL BE REMOVED FROM PATIENTS ON ADMISSION AND
PLACED IN SECURE STORAGE.

DO NOT BRING MORE THAN 2 SUITCASES AND A PURSE/BACKPACK.

Illegal drugs, alcohol, mood/mind altering substances, items containing CBD/THC and paraphernalia – all are considered contraband and WILL BE DESTROYED.

Prescriptions classified as controlled substances. Other medications must be in their original labeled bottles, or they WILL BE DESTROYED.

Over the counter medications, herbs, supplements, or non-prescription vitamins

Electronic/vapor cigarettes. Unsealed or suspicious vapes will be considered contraband and destroyed. Loose tobacco is not allowed.

Electronic equipment including smart watches, fitness watches, PDAs, pagers, cameras, televisions, computers, tablets, or any electronic items with video capability, video tapes or DVDs.

Music playback equipment including portable MP3 and CD players, clock radios, smart watches, etc.

Weapons including firearms, ammunition, knives, mace, etc. For safety purposes, ammunition for a firearm we store WILL NOT BE RETURNED.

Scissors other than for grooming or razor blades. Only disposable safety razors are allowed.

Items with SD, propyl, methyl or ethyl alcohol in high concentrations where those alcohols are listed in the first 2 ingredients of a product, such as hairspray, body spray, and fingernail polish remover.

Powders in open containers such as baby powder, talcum powder, deodorant powder, medicinal powder, etc.

Flushable wipes

Irons, flammable items such as candles, incense, lighter fluid, aerosol products, fireworks, etc.

Expensive jewelry or large amounts of money

Books/magazines are limited to 3 items and must be appropriate for treatment as specified below.

Pornographic, inflammatory, or violent literature, depictions or personal items including sexual stimulation items, emblems, decorations, or quotations on clothing that allude to sex, violence, satanism, or drug/alcohol use

Sports equipment including, but not limited to, bikes, skateboards, roller blades, hover boards

Homemade or unsealed food items unless they are medically approved for specific dietary needs. Food and beverages other than water are not allowed in rooms.

NOTE: Any item brought in by patients or their family members that is determined by staff to be detrimental to the treatment environment or process may be confiscated.